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Personal

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Education and Licensure

- 1992 Licensed as a psychologist (#1007) by the Oregon State Board of Psychologist Examiners.
- 1989 Licensed as a psychologist (#1538) by the Washington State Board of Psychologist Examiners.
- 1987 Licensed as a psychologist (#1007) by the Texas State Board of Examiners of Psychologists.
- 1979-1986 University of Texas at Austin, Ph.D. in Counseling Psychology (APA approved), internship at APA approved site for clinical psychology. Course work includes over 120 hours of class and practicum credit with emphasis on psychotherapy, group process, and consultation.
- 1973-1976 University of Texas at Austin, PO Box 7216
Austin TX 78713-7216. (512 475-7575) Graduated with honors, Bachelor of Arts in the College of Humanities.
- 1972-1973 Boston University, Boston, Massachusetts.

Experience:

Professional and Non-Profit Volunteer Activity

- 2012 Washington State Psychological Association – President, Board of Trustee Member, Public Education Coordinator. The WSPA’s mission is to support psychologists and psychologists-in-training, to promote the practice of

psychology, and to ensure continued education and advancement of knowledge within the field of psychology.

- 2009 – 2013 International Services Chair for Camas-Washougal Rotary Club. Charity service organization for community and world projects that has service chapters at local high schools.
- 2007 – 2008 Advisory Board for Daybreak Substance Abuse Program – Provided consultation and review for a non-profit residential substance abuse program in Vancouver Washington.
- 1993 – 1994 President of ACT (Adult Children Therapists) – Portland Oregon group of approximately 100 licensed mental health providers organized in response to health insurance demands for provider groups to respond to capitation health care mandates. Negotiated acceptance of all provider members to the Value-Options provider panel.

Clinical Psychotherapy Assessment, and Employment

- Present – Private Practice in Clinical Psychology - Vancouver, Washington and 1990 Portland, Oregon. Practitioner of psychotherapy and assessments for adults, children, adolescents, families, and couples, clinical consultation with agencies, foster parents, and organizations, clinical workshops and training, clinical supervision, forensic consultation, and psychological evaluations. Specialization in treating Reactive Attachment Disorder and treating high needs clients so that consultation and treatment contracts with Multnomah County CAAPCare, Casey Family Foundation, and Portland Public Schools.
- 1996 - 1989 Clinical Director - Columbia River Mental Health Service Center, 7409 N.E. Hazeldell Avenue, Vancouver, Washington 98665. Directs mental health programs for a community mental health center through a county managed care system. Duties include program development and implementation, school district liaison, clinical and administrative supervision, clinical training, community liaison, budget management, and grant writing. Programs include School Based Mental Health Programs, Commercial Outpatient Services, Hospital Diversion Programs, Clinical Case Management and Therapy Program, Intensive Wrap-Around Services, Ethnic Minority and Deaf Community Support Services Programs.

- 1989 - 1988 Clinical Director - Psychologist, Rivendell Children and Youth Hospital, 400 Rivendell Drive, Seward, Nebraska 68434. Administers all clinical activities including the following service areas: Psychology, Social Work, Counseling, Activity Therapy, Education, and Nursing, for a 48 bed adolescent and children psychiatric hospital. Promotes professional relations with attending, referring and consulting Physicians and licensed Psychologists; as well as public relations, works closely with contracting clinical agencies/ individuals, coordinates activities of medical staff with those of other clinical services. Recommends and develops policies and procedures for various clinical activities.
- 1988-1987 Residential Psychologist, Cleo Wallace Center (A Child and Adolescent Psychiatric Facility), 100th Avenue and Colorado Highway 121, Box 345, Broomfield, Colorado 80020. Responsible for the clinical management of two adolescent units, supervision of clinical psychotherapists, clinical and social learning program development, clinical training of psychotherapists and mental health workers, and direct clinical care of patients. Supervised by licensed clinical psychologists.
- 1987-1986 Psychiatric Hospital Psychotherapist, San Marcos Treatment Center (A Brown Schools Psychiatric Hospital), Post Office Box 768, San Marcos, Texas. Responsible for clinical management and psychotherapy of a 16 bed adolescent character disorder treatment milieu. Duties include diagnostic evaluations, individual, group, and family psychotherapy, ropes course experiential therapy, and milieu therapy. Supervised by licensed clinical psychologists.
- 1982-1986 Consultant Therapist, Austin Child Guidance and Evaluation Center, 616 West 6th Street, Austin, Texas. Responsibilities include: family, couple, individual, group and play therapy, intake assessment, psychological and educational testing, and school consultation. Clients served comprise a broad range of socioeconomic and ethnic populations. Supervised by licensed clinical psychologists.
- 1983-1984 Clinical internship at the Woodburn Center for Community Mental Health, 3340 Woodburn Rd. Annandale, Virginia . The Woodburn Center is a county mental health center that serves the needs of 400,000 people in Fairfax County (which adjoins Washington D.C.). Responsibilities included: family, couple, individual, group, and play therapy, intake assessment, psychological and educational testing, and consultation at a

diagnostic half-way house. Rotations included a day treatment program, emergency room, community crisis intervention, and juvenile court consultation. Clients served comprised a broad range of ages, socio-economic and ethnic populations, as well as a focus on sex abuse. Supervised by licensed clinical psychologists.

- 1981-1982 Practicum training at the Counseling-Psychological Services Center, University of Texas at Austin. Main focus of training was to enhance psychotherapy skills with a variety of client problems, crisis situations, and diagnostic assessment. Modes of therapy included individual, couple, and group therapy.
- 1982 Therapist with New Moon Wilderness, Inc., Travis County MHMR, Collier Street, Austin, Texas. Duties included: diagnostic assessment, treatment planning, and group therapy in a wilderness setting for emotionally disturbed adolescents.
- 1982 Group therapist, Educational Psychology Department, University of Texas at Austin. Responsible for planning and leading a semi-structured therapy group, designed to enhance self-esteem and increase social skills to hyperactive adolescents. Supervised by licensed clinical psychologist.
- 1980-1981 Graduate Student Representative, Counseling Psychological Services Center Advisory Board, University of Texas at Austin. Met monthly to discuss issues and to provide feedback to the Counseling Psychological Services Center.
- 1980-1981 Two practica at the Career Choice Information Center, University of Texas at Austin. First practicum training included leading workshops (such as career decision making, and job interviewing) and career counseling. Second practicum training concentrated on individual psychotherapy, outreach programs, and program evaluation. Supervised by licensed clinical psychologists.
- 1980 Graduate Research Assistant, Counseling Psychological Services Center, University of Texas at Austin. Appointment with Dr. David Drum, Director of the Counseling Center, to gather information on selected clinical issues to be used in psychotherapy training.

1980 Psychological assessment, Balcones Special Services Co-op, 204 Eanes Road, Austin Texas. Psychological assessment and follow-up consultation for the Westlake High School Counseling and Guidance Office. Supervised by licensed clinical psychologist.

Sample of Trainings, Workshops, and Lectures.

"Suicide Facts and Prevention," a series of workshops presented to the O'Neil School District in O'Neil, Nebraska, January 1989.

"Anger Management," a workshop presented to the Seward County Police Department in Seward, Nebraska, April 1989.

"Parenting Methods for the 90's," a workshop presented to the Vancouver School District parents in Vancouver, Washington, March 1990.

"Parenting the Angry Child," a workshop presented to the Hockinson School District parents in Vancouver, Washington, April 1990.

"Assessment of Mental Health Issues," a workshop presented to the Battleground School District teachers in Vancouver, Washington, April 1991.

"Childhood Depression," a workshop presented to the Clark Alliance for the Mentally Ill in Vancouver, Washington, April 1991.

"Treatment Modalities for the Seriously Emotionally Disordered Child," a workshop presented to the Clark Alliance for the Mentally Ill in Vancouver, Washington, April 1991.

"Day Treatment Services for Seriously Emotionally Disordered Students," a series of three workshops presented to the Elementary, Middle, and High School teachers and assistants for the Vancouver School District in Vancouver, Washington, August 1991.

"De-escalation Strategies for Seriously Emotionally Disordered Students," a series of three workshops presented to the Elementary, Middle, and High School teachers and assistants for the Vancouver School District in Vancouver, Washington, August 1992.

"Establishing a Community Based Educational-Therapeutic Program for Severely Behaviorally Disabled Students," presented with Tom Cone Ph.D. and Jim Tangeman Ed.D. at The National Adolescent Conference, Reno Nevada, September 30 - October 3, 1992.

"Development of a Day Treatment Program for SBD Students," presented with Steve Zimmerman, Ph.D. at the Washington State Association of School Psychologists Conference, Working Together for Children: Collaborative Service Delivery, Seattle Washington, October 8- 10, 1992.

"Attachment Issues in the Treatment of Conduct Disordered Children," a series of six workshops presented to the clinicians of the Children's Program at Columbia River Mental Health Services in Vancouver, Washington, September through December 1993.

"Issues in the Implementation of Community Mental Health," a presentation given to the Psychology of Childhood Disorders at Washington State University in Vancouver, Washington, December 1994.

"Parenting the Behaviorally Disordered Child," a workshop presented at the Attachment Disorder Parents Network, Portland, Oregon, November, 1995.

"Family Therapy Intervention," a presentation given to the Psychology of Childhood Disorders at Washington State University in Vancouver, Washington, April 1996.

"De-escalation Strategies for Parents With Behaviorally Disordered Children," a workshop presented at the Attachment Disorder Parents Network, Portland, Oregon, March 15, 1997.

"Reactive Attachment Disorder," a training workshop presented to professionals at Catholic Community Services, September 26, 1998.

Training and Consultation

1982 Designed a career development workshop for Human Resources Development, Inc., an organization consultation firm.

1978-1982 Research design, data analysis and interpretation for:

Dr. Juanita Antokoletz--data analysis of minority acculturation and academic achievement.

Dr. Lucia Gilbert--analysis of data measuring graduate student professor role modeling behavior. Supervised graduate students analyzing data of a survey of parental responsibilities of working couples.

Dr. Harold Grotevant--research design and data analysis concerning studies on family practices.

Dr. Connie Juel--analysis of data tapping vocabulary comprehension of grade school children; data analysis comparing reading skills of grade school children using different Basal reading texts; and analyzing data assessing reading performance and vocabulary word characteristics.

Dr. Thomas Oakland--analysis of data concerning minority scholastic and psychological adaptation in high school.

Dr. Kathleen Waddell--devised an instrument to measure parental knowledge of infants, and normed and validated a measure of adolescent social skills acquisition.

Program Evaluation

- 1996 Evaluation of school based Day Treatment Service and coordination with the Vancouver School District for 17 Day Treatment sites located in various schools throughout Clark County.
- 1994 Evaluation Committee for Clark County Mental health services. Designed and implemented evaluation strategies for EPSDT implementation of mental health services.
- 1985 Evaluation Coordinator of a project to assess the efficacy of Head Start, the national program to enhance the social, cognitive, developmental, and language skills of minority and low socio-economic preschool children. Duties comprise data collection, research design, data analysis, report writing, and making presentations of the findings. Project administered by Child Inc., Austin, Texas.
- 1981 Evaluated services for School Age Parents, a program that provided counseling, education, and referral services for pregnant teenage mothers, administered by Child and Family Services, Austin, Texas.
- 1980 Helped to devise an instrument that measures student information gathering behavior, used to evaluate job hunting workshops at the Career Choice Information Center, University of Texas at Austin.

Research

- 1979-1981 Graduate Research Assistant, Educational Psychology Department, University of Texas at Austin. Appointments with Dr. Guy Manaster, Dr. Kathleen Waddell, and Dr. Claire Weinstein. Responsibilities comprised advising on research design and methodology, data analysis, and programming (SPSS, Prime, SAS, ANOVA8, and MECLIB). Other activities included devising an interview assessing hyperactivity and interviewing subjects.
- 1978-1979 Data Analyst, Texas Hospital Association, Austin, Texas. Analyzed data on a federally funded hospital extended care project. Responsibilities included writing quarterly reports to the Social Security Administration (project sponsor).
- 1977-1979 Research Associate with Dr. Robert Helmreich, Social Psychology Department, University of Texas at Austin. Duties included collection and analysis of data and writing technical reports. Major project involved research into factors in crew selection for the NASA Spacelab program. Responsible for all computer work and data management and analysis.

Publications and Papers

Grotevant, H.L. and Thorbecke, W.L. Sex differences in occupational identity formation. *Journal of Developmental Psychology*, 1982, 18, (3).

Grotevant, H.D. and Thorbecke, W.L. Sex differences in vocational identity: Getting to the same place by different paths. Paper presented at the meeting of the Southwestern Society for Research in Human Development, Lawrence, Kansas, March 1980.

Grotevant, H.D., Thorbecke, W.L., and Meyer, M.L. An extension of Marcia's identity status interview into the interpersonal domain. *Journal of Youth and Adolescence!* 1982, 11 * (1).

Helmreich, R.L., Spence, J.T., and Thorbecke, W.L. On the stability of productivity and recognition. *Personality and Social Psychology Bulletin*. 1981, No. 7.

Thorbecke, W.L., and Grotevant, H.D. Gender differences in interpersonal identity formation. *Journal of Youth and Adolescence*, 1982.

Thorbecke, W.L. Evaluation of Services for School Age Parents. Report prepared for Child and Family Services and the Texas Department of Human Resources, 1981.

References:

Available upon request.